



## MRI PREPARATION

How to prepare and what to expect during your MRI scan:

- Please let your MRI scheduler know if you have a pacemaker, types of aneurysm clips and implants or have had metal fragments in your eyes or body.
- Most MRI scans will take about 45 minutes. Some parts of the body may take longer, up to an hour and a half.
- You will be asked to remove all jewelry, glasses, dentures, loose change, wallets, bank or credit cards, wigs, etc.
- Depending on the type of exam, you will be asked to lie on the table with either your head or feet first.
- During the exam, you will hear loud knocking and buzzing sounds. Because of the loud noises, you will be given earplugs to wear.
- It is critical you lie very still for the duration of the exam. We understand this can be difficult. Patients are provided with music to help decrease anxiety.
- You may be asked to change into a gown or disposable shorts will be provided for your exam.
- If you are claustrophobic, please inform your doctor before the exam. There are medications that can be provided to make you more at ease. Please note if you do need medication, you will need to have someone available to drive you the day of your exam.

If you have any questions or would like to know more about our MRI service, please call Hope Orthopedics of Oregon at 503.540.6300.